

SCHEDULE OF EVENTS

All competitions (with the exception of bowling, track and field, horseshoes and golf) will be held at Boyd Hill Recreation Center (1165 Constitution Blvd.) in Rock Hill.

MONDAY, SEPTEMBER 20, 2010

10:00am - Golf
 Pinetuck
 \$25.00 fee will include golf cart
 9:30am - Track and Field
 Events: softball throw; discus;
 shot-put; 1500 meter run;
 100 meter dash
 Rawlinson Road Middle School
 Rock Hill

TUESDAY, SEPTEMBER 21, 2010

9:00am - Packet Pick Up
 9:30am - Disc Golf
 11:00am - Table Tennis - singles/doubles
12:30pm - Lunch Provided
 (registered participants only)
 1:30pm - Basketball Free Throw
 2:00pm - Spot Shooting
 (basketball shooting)
 2:30pm - Spincasting

WEDNESDAY, SEPTEMBER 22, 2010

10:00am - Horseshoes
 Highland Park
Lunch On Your Own
 2:00pm - Bowling
 \$2.00 per game fee
 Strikers Family Sportscenter
 Rock Hill

THURSDAY, SEPTEMBER 23, 2010

10:00am-12:00noon Health Fair
 Open to the public
 9:30am - Bocce
12:30pm Lunch provided
 (registered participants only)
 1:30pm - Shuffleboard -
 singles/doubles
Must have partner prior to registration.

FRIDAY, SEPTEMBER 24, 2010

9:30am - Corn Hole Toss
Must have partner prior to registration.

HEALTH FAIR INFORMATION

We are pleased to offer a health fair for all seniors. Included at the health fair will be vendors who provide services to promote the health and well being of active seniors and to give away a variety of door prizes.

Rock Hill Area Senior Sports Classic

Registration Form

Please complete and return by Friday,
September 10, 2010, with \$15.00
 registration fee to:
 Rock Hill PRT, PO Box 11706, Rock Hill,
 SC 29731 Attn: Carolyn Snyder

PLEASE PRINT:

NAME _____

ADDRESS _____

CITY _____ STATE ____ ZIP _____

PHONE() _____

EMERGENCY CONTACT _____

EMERGENCY PHONE _____

AGE (as of 9/21/10) _____ SEX _____

T-SHIRT SIZE (circle one) __M __L __XL __XXL

I will be present for lunch

___ Tues. (9/21) ___ Thurs. (9/23)

\$15.00 registration fee includes t-shirt,
 and two lunches. There will be
 additional fees for bowling and golf
 (paid at time of competition).

Check only those events in which you will be participating.

Golf _____
 Spot Shooting _____
 Bowling _____
 Shuffleboard _____
 _____ Singles
 _____ Doubles
 Disc Golf _____
 Bocce _____

Basketball Throw _____
 Horseshoes _____
 Track and Field _____
 _____ Softball Throw
 _____ Discus
 _____ Shot-put
 _____ 1500 meter run
 _____ 100 meter dash
 Table Tennis ___ singles ___ doubles
 Corn Hole Toss _____
 Spincasting _____

In consideration of acceptance of the entry, I for myself, my heirs, and assigns, hereby release the sponsors and officials of the 2010 Rock Hill Area Senior Sports Classic from any and all liability arising from illness, injuries, and damages I may suffer as a result of participation in these events.

I attest that I am physically fit and have sufficiently trained for these events, and am aware that participation in these events could in some circumstances result in severe physical soreness or injury. I also give permission for free use of my name and picture in a broadcast, telecast, or written account of these events. In case of injury, I consent to be treated by the medical staff in attendance at these events.

SIGNATURE _____ DATE _____

It is strongly advised that participants consult their physician before competing in these events.

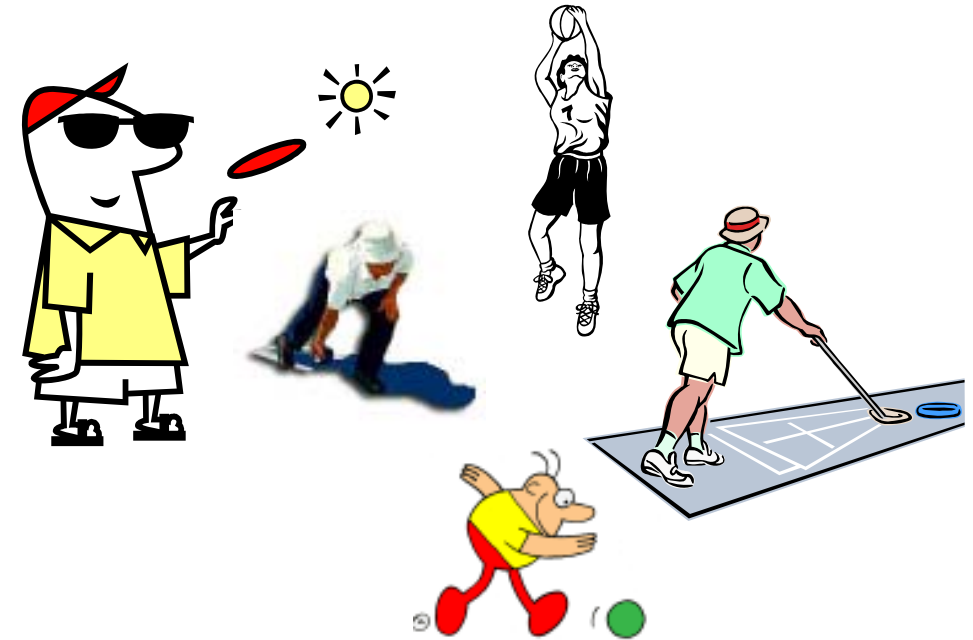
The Rock Hill Area Senior Sports Classic is a quality recreation experience for adults ages 50 and older. The goal of the program is to promote health, fitness, and leisure time activities.

These games are sanctioned by the National Senior Sports Classic.

For more information, please call 329-5620

ROCK HILL AREA SENIOR SPORTS CLASSIC

SEPTEMBER 20-24, 2010



SPONSORED BY:

