

Introducing: USTA Quickstart Tennis Ages 9 - 18

- All classes will use the USTA Quickstart format.
- For more information go to www.quickstarttennis.com
- What Is QuickStart Tennis?
- QuickStart Tennis is a new format to help kids twelve and under learn and play the game. To make it easier for them, we changed a few things. The court sizes. The racquet sizes. The balls. The scoring system. Even the net height.
- Now any child at ANY age can start playing tennis almost immediately-even if he or she has never picked up a racquet before. It's also now part of the USTA Jr. Team Tennis league and can be part of your existing team competition. And just like other popular youth sports, QuickStart stresses the importance of play and programs as well. Which means that even more kids will have the opportunity to experience this new format, have fun playing with their friends and develop skills that will become the foundation of their game.

2010 Tournaments @ RHTC

May 1 st	Rising Stars – Level 5
June 12 th	Rising Stars – Level 5
July 16 th – 18 th	Rock Cup – Level 4
October 29 th – 31 st	South of Border – L3
November 13 th	Rising Stars – Level 5



Rock Hill Tennis Center Staff

Director of Tennis	Tim Pleasant
Office Manager	Kim Ozmon
Head Tennis Pro	Tedi Doncheva

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“Tennis is the sport for a lifetime” – Rod Laver

Of all the sports you can choose for your child,
Tennis is the ultimate gift because it...

- Is a lifetime sport for both genders
- Is rated the #1 sport for social interaction & health benefits by medical research
- Provides a setting, unique to all sports, where a child can experience & learn personal skills for life
- Has no outside coaching or officiating, no time outs or substitutions, builds self-esteem & self-confidence through self-officiating & self-coaching
- Is the #1 cross-training sport for baseball, soccer, basketball, & football, but you are always at bat & you always have the ball
- Is a perfect solution to the athletic void faced by teens when youth team sports end for the season
- Is a family activity that can be learned & played together, even by (3) generations
- Is easy to schedule & played year-round **everywhere in the world**
- Best of all, Tennis is FUN!!!

Creating community through people, parks,
and programs.



Junior Summer



Tennis Clinics

June 7th - August 14th

Beginners Ages 13 - 18

Intermediates Ages 9 - 18



- **Students may register at anytime!!!**
- **Each clinic has a maximum # of students. We encourage that you sign up soon to reserve your spot in a clinic.**
- **Pre-registration is required for all students before they can participate in any summer clinic or camp.**

Rock Hill Tennis Center
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Summer Schedule

QuickStart Programs for Ages 9 - 18

QuickStart Green Rock Stars: Ages 13-18

Beginners will learn the basic strokes & rules of the game & will immediately begin playing rally games to implement the basic skills. Students who join this class must pass an evaluation before moving up into the Junior Development class. Students will learn about footwork, racket skills, stroke techniques and proper court positioning.

Full Court w/ Green QSF balls.

QuickStart Green Transformers: Ages 9-14

QSF Intermediates. For students who have mastered control of the Orange QSF ball. Can rally with a pro at least 20 consecutive times. Kids are still continuing to develop court positioning & footwork to help shot selection & success of their strokes. Students at this level start to develop advanced techniques like topspin, slice, angles, & placement of serves. This is the TRANSITION class between QSF & regular format with regular balls. Players at this level SHOULD be playing Junior Team Tennis & start playing Level 5 Rising Stars tournaments.

Full Court w/ Green QSF balls.

Clinic Cards for QSF Green Levels

	<u>Members</u>	<u>Non-member</u>
Walk-in (1) clinic =	\$22.50	\$30.00
Package of (5) =	\$90.00	\$112.50
Package of (10) =	\$150.00	\$195.00
Package of (15) =	\$200.00	\$267.50

(All clinic cards expire within (90) days of purchase)

A Junior Membership is \$75.00 per year and a monthly draft plan is available

Family Discounts

\$20 off total amount with (2) kids in any program

\$30 off total amount with (3) kids in any program

Refunds: Any classes taken are charged at the walk-in rate and the balance will be refunded + a \$15.00 admin fee to issue the check

Junior Development Program: Ages 10 - 18

Class Times for Junior Development:

Mon/Wed/Sat: 10:30am – 12:00pm

Mondays & Wednesdays: 5:30pm - 7:00pm

This class is for students who are ready to compete with regular formats & balls. Must be able to rally 30 balls with a pro, confidently demonstrate all strokes, spins, & techniques required to play the game. Kids at this level should already be playing JTT & Rising Stars tournaments. This class will help kids prepare for high school tennis & interscholastic league play.

Clinic Times for Rock Stars & Green Transformers

Mondays & Wednesdays: 10:30am – 12:00pm

Mondays & Wednesdays: 5:30pm - 7:00pm

Saturdays: 10:30am - 12:00pm

Make-Up Information

Classes are continuous. There are no make-ups. You purchase a clinic card & we will mark off a clinic each time a student takes a class. Once your card runs out, you may purchase additional cards. Therefore, we do not have to worry about rain days that get canceled.

Cards expire in 90 days. Please remember.

For All Classes:

3 Kids Minimum/18 Kids Max per class.

May be asked to move to another day if minimum is not met or time will be shortened for the class.

Students MUST choose which day(s) of the week they are coming to class. Please specify on the form. If you would like to come to another day if you miss class, please call us before attending as another day **MAY BE CLOSED.**

Want additional class time?!

Check out our SUMMER CAMP BROCHURE!

Receipt #

Summer Tennis Clinic Registration Form

Name: _____ **Address:** _____

City: _____ **State:** _____ **Zip:** _____ **Email:** _____

Home Ph#: _____ **Cell#:** _____ **Work#:** _____

Class: _____ **Time(s):** _____ **Days of the Week:** _____

Type of Payment: _____ **Package of:** _____ **Age:** _____

Parent /Guardian Signature: _____ **Date:** _____

By signing above, it is acknowledged that all participants & parents must be advised that neither the City of Rock Hill, Rock Tennis Academy LLC., its employees, officers, or any representatives thereof, are responsible in any injury that relates to or may result from activity in this program or any related program in any way. Any damage that may occur as a result of the action of any program participant, or affiliate person, will be the responsibility of that person (or parent/guardian) The City of Rock Hill & Rock Tennis Academy, LLC and any of its affiliates assume no responsibility, in any way, for the actions that may involve the above, or anything that may be detrimental to the above, either financial or otherwise.