Rock Hill South Carolina Parks, Recreation & Tourism | Lifelong Learning

2026 AGE ADVENTUROUSLY DAYS

Name: _____

Phone Number: _____

Email Address: _____

PASSPORT: Use this guide to lead you into new adventures throughout the week!

AGE ADVENTUROUSLY DAYS DROP-IN:

Monday, June 8, 9:30 AM - 11:30 AM @ Northside Recreation Center (900 Annafrel St.)

No fee. No registration requried. Light refreshments served.

Join the national movement to age adventurously on June 8 and throughout the week. Visit with staff and volunteers to learn more about the adventures happening around town. Make plans with others to adventure together.

Once one or more more activities are completed, return your passport to Northside Recreation Center. Entries will be received through Wednesday, June 15. Leave your passport in the Age Adventurously box in the lobby. All submissions will be entered in the raffle for a chance to win a variety of prizes donated by local establishments and more!

The following activites can be completed on the dates and times indicated. Please note locations, fees and when registration is required. Celebrate your adventurous spirit by sharing photos with staff! Email pictues to Krista.Hayes@cityofrockhill.com or text pictures to Krista Hayes at 803-487-3384. Don't forget to include your name in the text.

Activity	MONDAY JUNE 8	TUESDAY JUNE 9	WEDNESDAY JUNE 10	THURSDAY JUNE 11	FRIDAY JUNE 12
African Drumming & Percussion Emmett Scott Recreation Center (801 Crawford Rd.).	11 AM - Noon; $10 (bring your own drum) + $5 drum rental; No registration required.	X	X	X	X
BMX Race Watch a race at the Rock Hill BMX Supercross Track (1307 Riverwalk Pkwy.)	X	6 PM (racing lasts 1-2 hours) FREE No registration required	X	X	X
Chair Yoga Northside Recreation Center Gymnasium (900 Annafrel St.)	X	X	X	10 AM - 11 AM No fee-donations accepted No registration required	X
Movies in the Park Experience the fun of an outdoor movie! (Fountain Park-300 E. Main St.)	X	X	X	X	*Lilo & Stitch* Movie begins at dusk
Play a Game Northside Recreation Center (900 Annafrel St.)	Dominoes 1 PM	X	X	Rummikub 9:30 AM	X
Pathways Community Center Assist with one or all of these projects: ~Deep clean the Auditorium floor; ~Clear the perimeter fence; ~Paint the new medical office area	X	X	9 AM - 11 AM; SIGN-UP REQUIRED: Call 803-329-5527 or email Krista.Hayes@cityofrockhill.com by 6/9/26	X	X
Riverwalk Trail Walk from trailhead to trailhead (or parking lot to parking lot). Total distance of path: 3.5 miles. Catawba River Trail @ Riverwalk: 575 Herrons Ferry Rd. Catawba River Trailhead: 100 Celriver Rd. River Park: 1782 Quality Circle	X	Free shuttle available 8:30 AM- 10:30 AM; Park your car where you will finish. Meet staff in parking lot to shuttle you to trailhead of your choice. *PRT trail monitors available along trail, if needed. Call Krista 803-487-3384 if shuttle isn't present.	X	Free shuttle available 8:30 AM- 10:30 AM; Park your car where you will finish. Meet staff in parking lot to shuttle you to trailhead of your choice. *PRT trail monitors available along trail, if needed. Call Krista 803-487-3384 if shuttle isn't present.	X
Rock Climbing Northside Recreation Center Gymnasium (900 Annafrel St.).	5 PM – 6 PM $5-residents/$10 non-residents (if you haven't paid LL annual fee) No registration required Open Climb (all ages) continues from 6 PM - 8 PM	X	X	X	X

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Soul Line Dancing Northside Recreation Center (900 Annafrel St.).	6:30 PM - 7:30 PM $3-Cash only No registration required	6 PM - 7 PM / 7 PM - 8 PM $3/one class; $5 for both classes-Cash only No registration required	X	6 PM - 7 PM / 7 PM - 8 PM $3/one class; $5 for both classes-Cash only No registration required	X
Twilight Paint & Paddle Rock Hill Lake Park (4037 India Hook Rd.) In provided kayaks, paddle out to watch the sun setting over the lake and return to shore to paint the scene.	X	X	X	6 PM - 9 PM $25/ $100 non-residents (if you haven't paid LL annual fee) REGISTRATION REQUIRED Call 803-329-5527	X
Vote! Primary elections in SC *Bonus: Attach your "I Voted" sticker!	X	Know your voting precinct and exercise your right!	X	X	X
Zumba Gold Northside Recreation Center Gymnasium (900 Annafrel St.)	X	X	2 PM - 3 PM No fee-donations accepted No registration required	X	X
The following activities can be completed anytime the week of June 8-June 12. Mark the box for the activity and correct date it was completed.					
Birding Bingo Identify as many birds as you can using the Birding Bingo card (pick up at NSRC or print at home). Best bird viewing at River Park (1782 Quality Circle) or Rock Hill Lake Park (4037 India Hook Rd.).					
Disc Golf Play at least 3 holes at Fewell Park. Discs available for check out at the front desk of the park building-ID needed. (1204 Alexander Dr.)					
Eat Out with a Twist! Visit a "new-to-you" restaurant in Rock Hill. List the name of the restaurant in the box. *Bonus-order a food you don't typically eat!					
Glencairn Garden Aim to visit these 3 features of the garden: the Veteran's Wall; the Vernon Grant display and the Community Garden (725 Crest St.)					
Jigsaw Puzzle Quest Contribut to any of the jigsaw puzzles being worked at Northside Recreation Center (Conference Room).					
Picnic & Explore Visit a "new to you" park in Rock Hill (there are over 30!). Enjoy a picnic and explore the area. cityofrockhill.com/parks					
R.A.K. in the Fun! Do a Random Act of Kindness and make someone smile.					
Zipline Feel like a kid again by zipping down the line! Choose one or both locations: Miracle Park (1005 Eden Terrace) / BMX Playgrounds (1307 Riverwalk Pkwy.).					
Choose your own adventure! Adventure looks different to everyone! Write what you did that was adventurous to you. Visit the PRT Class Calendar for even more suggestions on classes and activities you can try or create your own!					

With Appreciation to the 2026 Age Adventurously Days Sponsor: